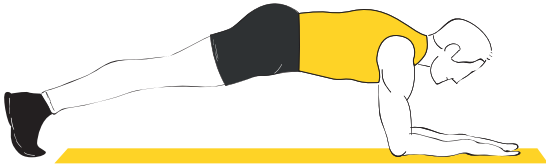
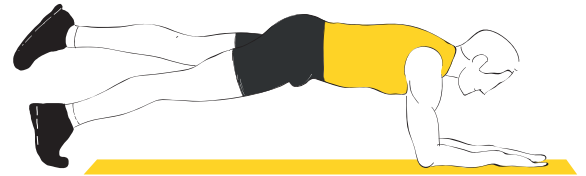


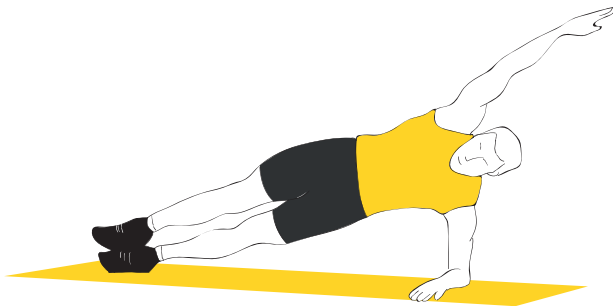
PLANCHA PROMO



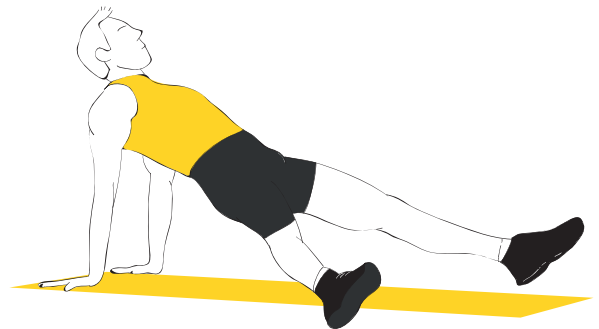
PLANCHA CON ELEVACIÓN DE UNA PIERNA



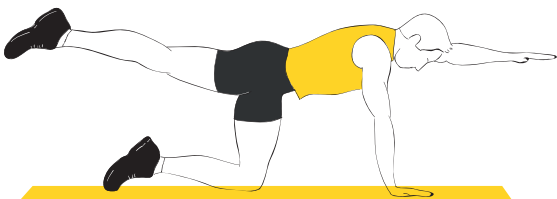
PLANCHA LATERAL



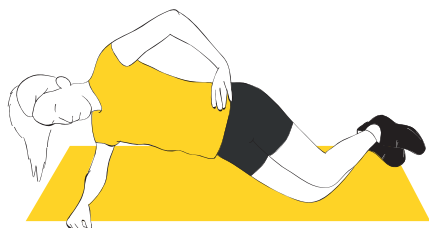
ELEVACIÓN CADERA EN ABDUCCIÓN



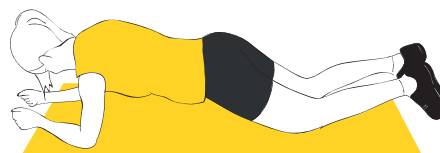
BRAZO Y PIERNA CONTRARIO



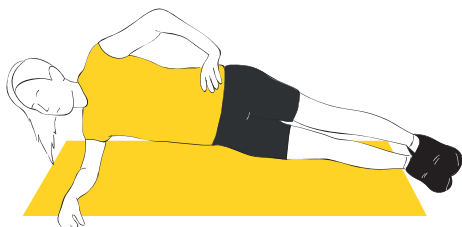
NIVEL 1



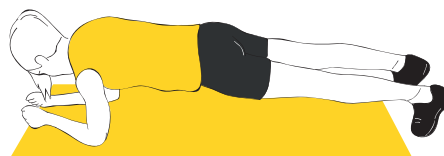
NIVEL 2



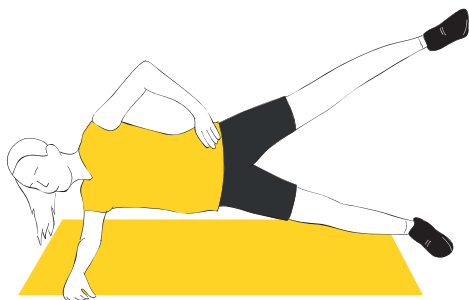
NIVEL 3



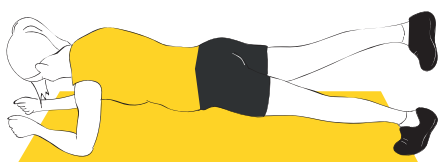
NIVEL 4



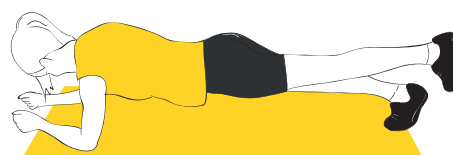
NIVEL 5



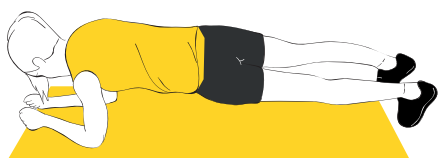
NIVEL 6A



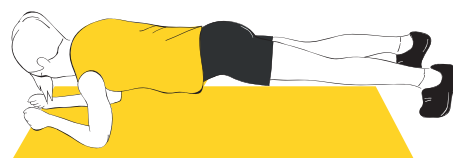
NIVEL 6B



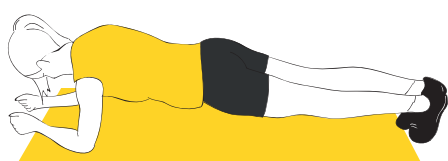
NIVEL 7



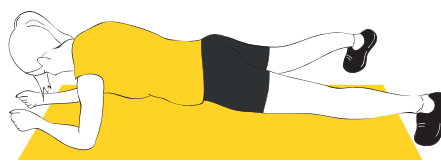
NIVEL 7b



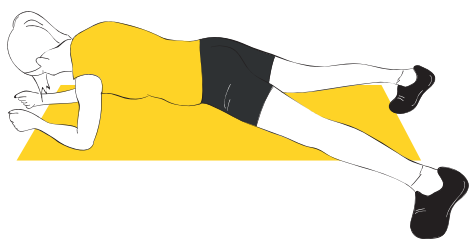
NIVEL 8A



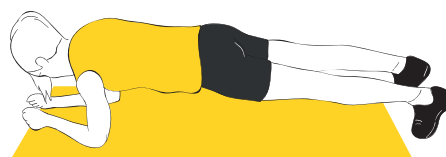
NIVEL 8B



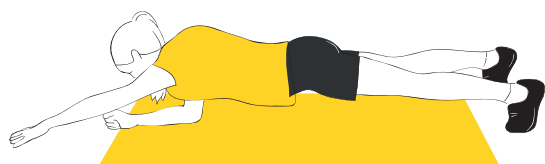
NIVEL 8C



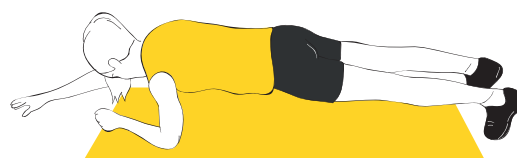
NIVEL 9A



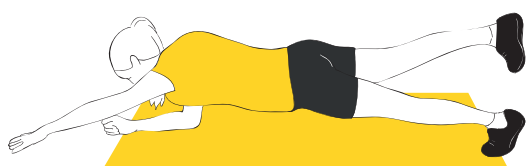
NIVEL 9B



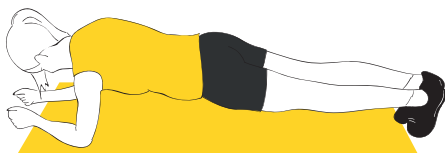
NIVEL 9C



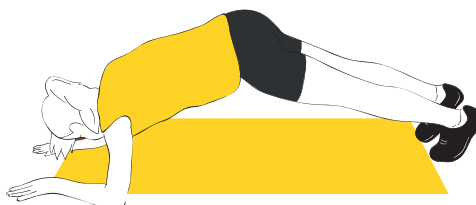
NIVEL 10



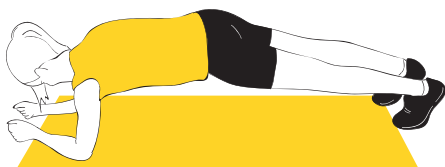
DESPLAZAMIENTO VERTICAL A



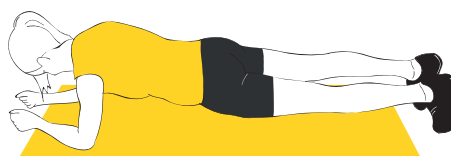
DESPLAZAMIENTO VERTICAL B



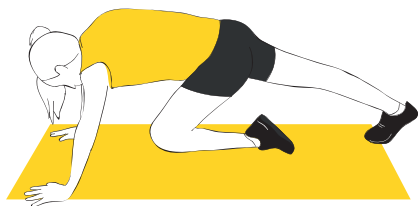
DESPLAZAMIENTO HORIZONTAL A



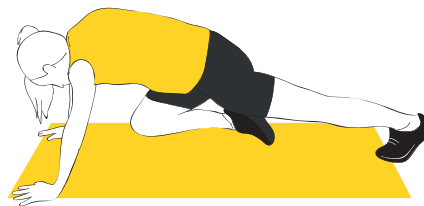
DESPLAZAMIENTO HORIZONTAL B



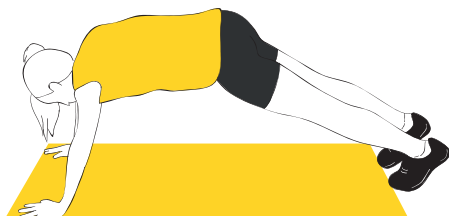
ZANCADAS A



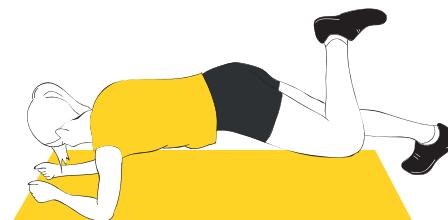
ZANCADAS B



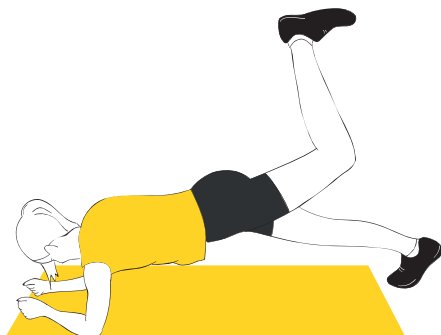
ZANCADAS C



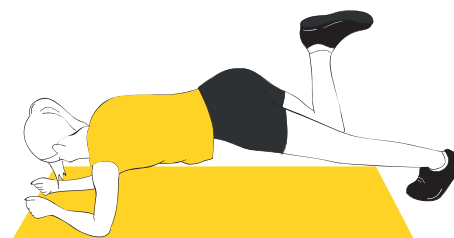
PATADA ARRIBA A



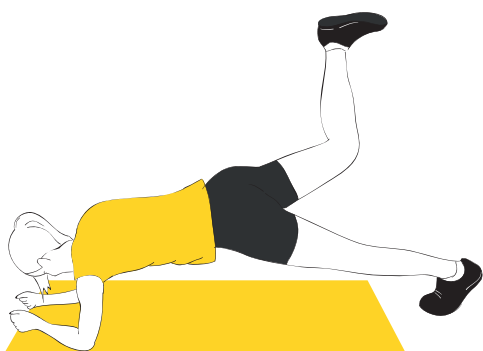
PATADA ARRIBA B



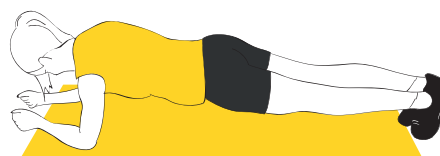
PATADA ARRIBA C



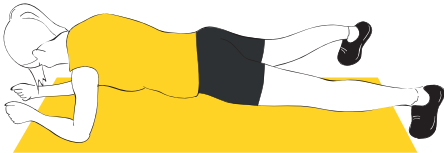
PATADA ARRIBA D



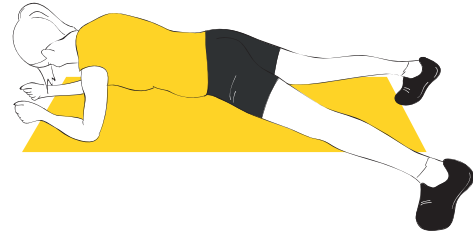
APOYOS DINÁMICOS A



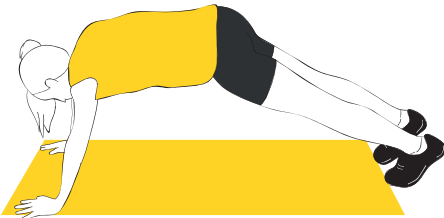
APOYOS DINÁMICOS B



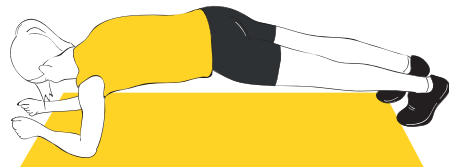
APOYOS DINÁMICOS C



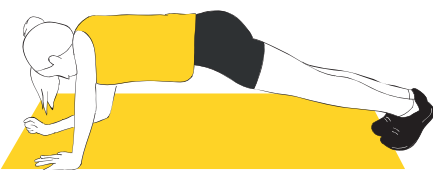
BRAZOS ESTIRADOS Y PIES JUNTOS



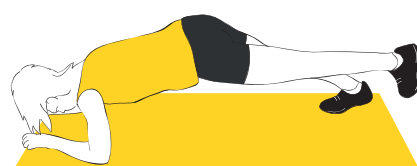
CODOS APOYADOS Y PIES JUNTOS



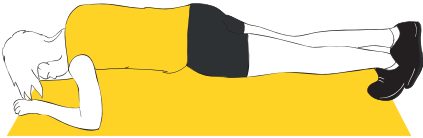
UN CODO Y PIES JUNTOS



TRES APOYOS CON  
PIERNA ESTIRADA



TRES APOYOS CON  
PIE SOBRE PIE



DOS APOYOS CON MANO  
Y PIE CONTRARIOS

